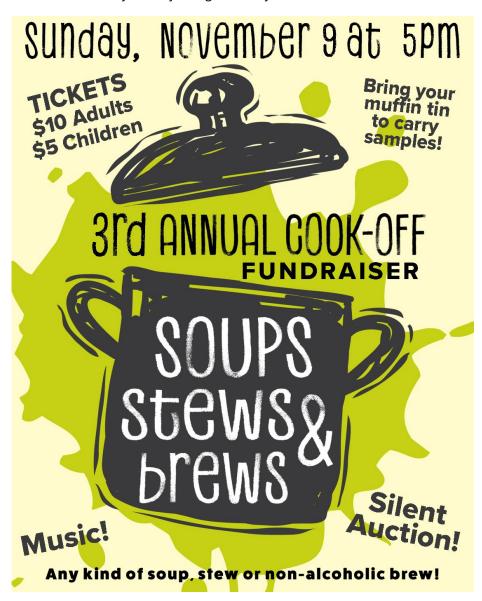
NEWS & EVENTS



First Time Guest?

We're glad you are here! As a token of our appreciation, we'd like to make a donation of \$5 in your honor to one of our community partners. Scan the QR code to the left to select the organization you would like to donate to. Thank you for joining us today.





JOURNEY CARD

We're glad you're here! Please complete the card and place in the offering plate.

☐ CHECK IF FIRST-TIME GUEST

FULL NAME – Please Print	
CHILDREN & YOUTH PRESENT TODAY	
Names & Ages	
ADDRESS	
CITY	
STATE ZIP	
PHONE	
EMAIL(s)	
☐ My info has changed.Please update my records.☐ Repeat Guest☐ Member	
☐ Friend	
☐ Subscribe to E-Newsletter ☐ I am interested in joining FUMC. ☐ I would like more information	



Try our Digital Connect Card!

Use the camera on your cell phone to scan QR Code!

Online Giving • New Here Sign Up for eNewsletter

☐ I would like a call from the pastor

PRAYER REQUEST YOUR NAME - Please Print Person or situation for which you are requesting prayer. ☐ Share with the congregation. ☐ For Pastors Only ☐ For Pastors & Prayer Team Only OTHER REQUESTS Soups, Stews & Brews Cook-Off Entry Nov. 9th We're celebrating our life together as a community with a fun event and a little competition. We're looking for soups,

stew and non-alcoholic brew contest entries. If you'd like to compete, sign up below and we'll send you a form.

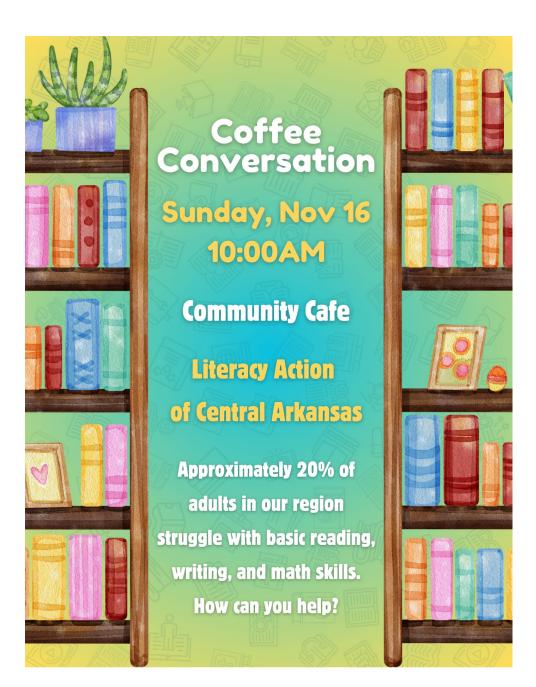
	SOUF
_	CTELA

□ STEW

☐ NON-ALCOHOLIC BREW

Name

Email



Walking into Wonder:

Spiritual Renewal Retreat in Italy, October 18-25, 2026

Reconnect your mind, body, and spirit as you journey with a small group travelers from FUMCLR and others from around the country on an unforgettable walking retreat through the breathtaking Italian countryside. Over seven days, we'll hike approximately 70 miles of the Via Francigena, an ancient pilgrimage route winding through hilltop towns, vineyards, olive groves, and historic cobblestone villages—culminating with a powerful arrival in St. Peter's Square at the Vatican in Rome. (All hiking levels are welcome.) Along with exploring the Italian countryside, each day will include sessions promoting spiritual renewal, resiliency, and wholeheartedness, using resources such as The Daring Way and The Center for Courage and Renewal. This is more than a hiking trip—it's a retreat for your soul.

To hear more about this retreat, there will be an informational meeting on Sunday, November 16th at 4:00 in First Cup Cafe, or you can contact David Freeman directly (dfreeman@fumclr.org).