

Maundy Thursday



On this Holy Thursday, Jesus and his disciples sat down together to celebrate the Passover. This was a special meal meant to remind everyone of how God saved the Israelites and brought them out of Egypt. Before they ate the meal, Jesus knelt down and washed his disciples' feet. This was something that a servant would normally do and the disciples were shocked! But Jesus told them that they were to love one another like this, by serving one another. We call this day "Maundy" Thursday because "Maundy" means "mandate" – Jesus commanded his disciples to love one another the way Jesus loved them. At the end of the meal, frequently called "The Last Supper", Jesus took bread and wine, which was tradition at the end of a Jewish meal, and he blessed them and told his followers to remember him whenever they gathered together. Later that Thursday night, Jesus is betrayed by Judas and taken to the house of one of the high priests where they begin to make a case against Him to use in a trial.

Scripture: Luke 22: 14, 19-20

"When the time came, Jesus took his place at the table, and the disciples joined him...After taking bread and giving thanks, he broke it and gave it to them, saying, 'This is my body, which is given for you. Do this in remembrance of me.' In the same way, he took the cup after the meal and said, 'This cup is the new covenant which is poured out for you.'"

Activity: Cup Decorating

Need: Paper cup, stickers, markers, glitter, etc.

Decorate your paper cup any way you'd like so you can use it with your "last supper" meal.

Prayer: God of mercy, as we prepare this meal, we remember how Jesus told us to remember him whenever we break bread and share a cup with one another. We thank you for Jesus and for his love for us and we remember his teaching us to love one another. In the name of Jesus, we pray, AMEN

Food Idea: Mimic a last supper meal with your own family. Choose a family favorite meal and use this time to talk about what feelings Jesus might have been experiencing at His own supper. Then, use the unleavened bread (or crackers) and wine (you can also use grape juice) to recreate communion. There are lots of easy unleavened bread recipes online so encourage your kids to help bake as well!